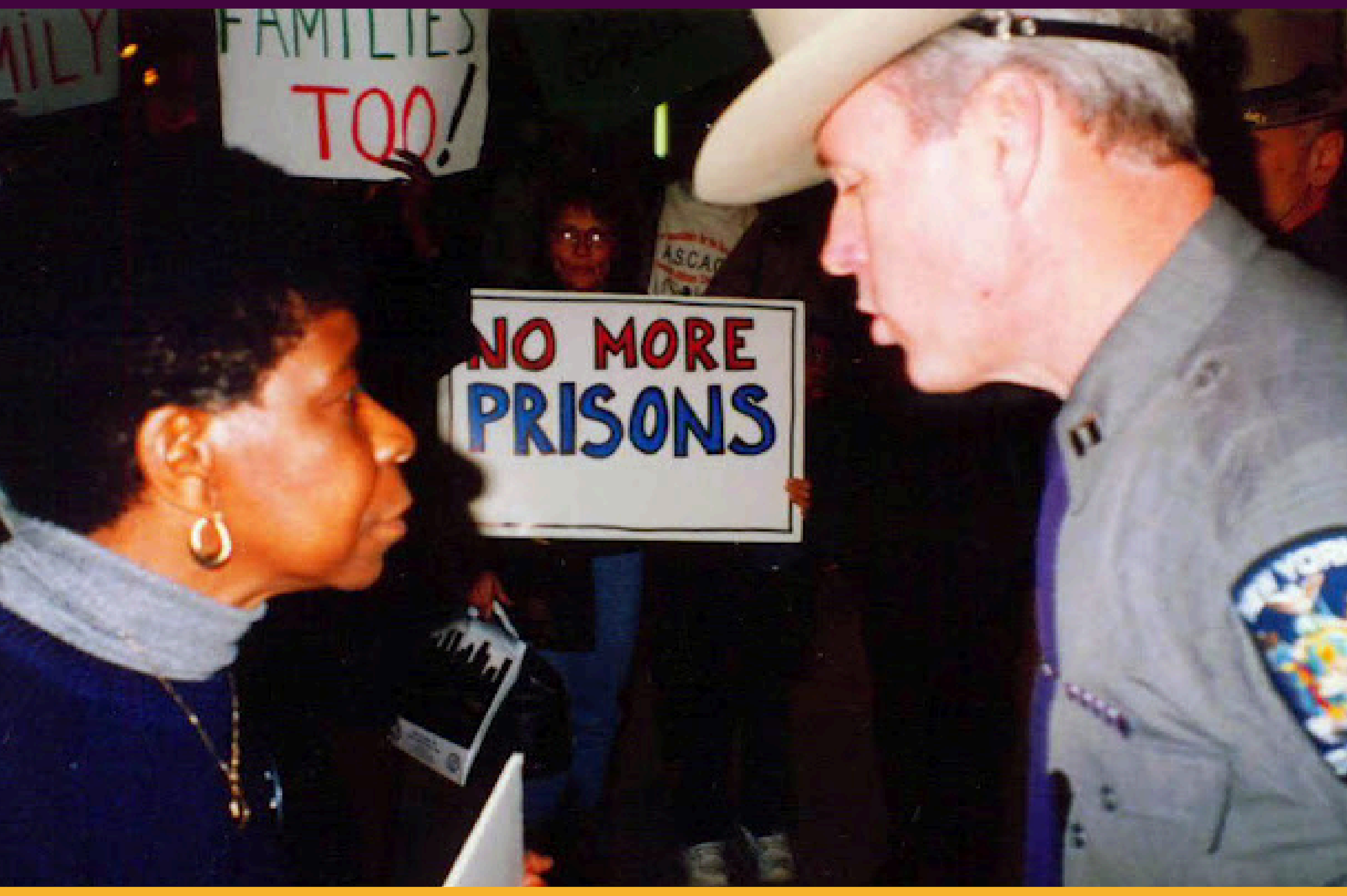
Center *for*
Law and Justice



The Connector Guide

A Condensed Version of Capital Region Connections

Ta-Sean C. Murdock
Executive DIrector

Dedication to Dr. Alice P. Green



The Connector Guide is dedicated to Dr. Alice P. Green, founder of the Center for Law and Justice, whose lifelong commitment to justice, equity, and community empowerment continues to inspire our work.

For decades, Dr. Green has championed the belief that access to information, resources, and opportunity can transform lives and strengthen communities. Her vision of connecting people to the support they need laid the foundation for this guide and the work of the Center for Law and Justice.

As a condensed version of the Connections Resource Guide, The Connector Guide carries forward Dr. Green's legacy by helping individuals and families navigate essential services, find support, and access opportunities that promote stability, dignity, and self-determination.

With gratitude for her leadership, courage, and unwavering dedication to justice, we proudly dedicate this guide to Dr. Alice P. Green.

Executive Director Message



Dear Community Members,

On behalf of the Center for Law and Justice, I am proud to introduce The Connector Guide, a practical resource designed to help individuals and families quickly access essential services and supports throughout our community.

This guide was created as a condensed version of our Connections Resource Guide with the goal of making important information more accessible, user-friendly, and readily available. Whether you are seeking housing assistance, food resources, healthcare services, employment support, legal assistance, educational opportunities, or other community programs, this guide serves as a starting point for finding the help you need.

At the Center for Law and Justice, we believe that access to information is a critical component of empowerment. Too often, people face barriers not because resources do not exist, but because they do not know where to find them. The Connector Guide helps bridge that gap by connecting community members to organizations and services that can support their goals, address their challenges, and improve their quality of life.

This guide reflects our ongoing commitment to advancing justice, empowering communities, and ensuring that individuals have access to the tools and opportunities necessary to thrive. We hope it serves as a valuable resource for residents, service providers, community organizations, and anyone seeking to make meaningful connections within our community.

Thank you to the many organizations, partners, and advocates whose work strengthens our community every day. Together, we can continue building a more informed, connected, and equitable future.

Sincerely,

Ta-Sean C. Murdock

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Housing Resources

Bethesda House
834 State St, Schenectady, NY 12307
518-374-7873 | FAX 518-374-5133

Hours of Operation
Monday - Friday 9:00 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
www.bethesdahs.org

Description: Shelter, Housing Assistance, Social Work, Case Managment, Medical Care

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Capital City Rescue Mission
259 S Pearl St, Albany, NY 12202
Health Clinic: 88 Trinity Pl (behind 259 Pearl)
518-462-0459
givinghope@albanymission.com

Hours of Operation
Open 24 Hours

Website:
www.capitalcityrescuemission.org

Description: Shelter, Food, Clothing, Medical Center, GED prep, resume support, employment classes

Housing Resources

Catholic Charities
40 North Main Ave 3rd Floor, Albany, NY 12203
518-453-6650 | FAX 518-453-6792
Catholic.Charities@ccrcda.org

Hours of Operation
Monday - Saturday 8:30 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
www.ccrcda.org

Description: Affordable housing and support services that help people meet basic needs and work toward stability.

Home & Travelers Aid Society
138 Central Ave, Albany, NY 12206
518-463-2124 | FAX 518-463-0263
Info@hatas.org

Hours of Operation
Monday - Thursday 9:00 AM - 4:00 PM
Closed: Friday - Sunday

Website:
https://www.hatas.org/

Description: Homeless programs offer emergency help, case management, employee support, and hosuing assistance, including transitional apartments with mental health services.

Housing Resources

Interfaith Partnership For The Homeless
176 Sheridan Ave, Albany, NY 12210
518-434-8021 | FAX 518-432-7148

Hours of Operation
Open 24 Hours

Website:
https://www.iphny.org/

Description: Offers emergency overnight shelter, meals, and connections to housing and community support.

Joseph's House
202 4th St, Troy, NY 12180
518-874-1247 | FAX 518-874-1253
Info@josephshousetroy.org

Hours of Operation
Open 24 Hours

Website:
https://www.josephshousetroy.org/

Description: Homeless shelter for single adults and families offering meals, basic supplies, case management, medical services, plus transportation and referrals for those at risk of homelessness.

Housing Resources

Marillac Shelter at St. Catherine's Center for Children
40 North Main Ave, Albany, NY 12203
518-453-6700

Hours of Operation
Open 24 Hours

Website:
https://www.st-cath.org/marillac-shelter/

Description: Family shelter offering temporary housing, employment help, childcare, and case management for families experiencing homelessness.

United Tenants of Albany
255 Orange St, Albany, NY 12210
518-436-8997
Info@unitedtenantsalbany.org

Hours of Operation
Monday - Thursday : 10:00 AM - 12:00 PM, 1:00 PM - 3:30 PM
Other times by appointment only
Closed: Friday - Sunday

Website:
https://utalbany.org/

Description: Provides apartment listings, tenant landlord mediation, and guidance on NY real property laws, along with fair housing support.

Housing Resources

Albany Housing Authority
200 S Pearl St, Albany, NY 12202
518-641-7500
info@albanyhousing.org

Hours of Operation
Monday - Friday: 8:30 AM - 12:00 PM, 1:00 - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.albanyhousing.org/

Description: Provides subsidized housing options for eligible low and moderate income individuals and families.

Rensselaer Housing Authority
85 Aiken Ave, Rensselaer, NY 12144
518-436-0230 | FAX 518-426-5245
Info@rensselaerhousing.org

Hours of Operation
Monday - Thursday : 8:00 AM - 4:00 PM
Friday : 8:00 AM - 3:30 PM
Closed: Saturday & Sunday

Website:
https://rensselaerhousing.org/

Description: Provides subsidized housing for eligible low and moderate income individuals and families.

Housing Resources

Troy Housing Authority
One Eddy's Lane, Troy, NY 12180
518-273-3600 | FAX 518-274-6633
info@troyhousing.org

Hours of Operation
Monday - Friday: 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://troyhousing.org/

Description: Provides subsidized housing options for eligible low and moderate income individuals and families.

Schenectady Municipal Housing Authority
375 Broadway, Schenectady, NY 12305
518-386-7000

Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://www.smha1.org/

Description: Provides subsidized housing for eligible low and moderate income individuals and families.

Housing/Rental

Cohoes Housing Authority
100 Manor Ave, Cohoes, NY 12047
518-235-4500 | FAX 518-235-8120
Info@cohoeshousing.org

Hours of Operation
Monday - Friday: 8:30 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.cohoeshousing.org/

Description: Provides subsidized housing options for eligible low and moderate income individuals and families.

Watervliet Housing Authority
2400 2nd Ave, Watervliet, NY 12189
518-273-4717 | FAX: 518-273-4730
info@watervliethousing.org

Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://watervliethousing.org/wha/

Description: Provides subsidized housing for eligible low and moderate income individuals and families.

Food Resources

Regional Food Bank
965 Albany Shaker Road, Latham, NY 12110
518-786-3691

Hours of Operation
Monday - Friday: 7:00 AM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://regionalfoodbank.net/

Description: Provides food and resources to locals and neighboring food pantries. Alternate locations in Orange County and Voorheesville.

Capital Roots & Veggie Mobile
594 River St, Troy, NY 12180
518-274-8685

Hours of Operation
Tuesday - Saturday : 10:00 AM - 7:00 PM
Closed: Sunday & Monday

Website:
https://www.capitalroots.org/

Description: Offers low cost fruits and vegetables in Albany, Schenectady, and Troy. Accepts EBT, WIC, FMNP. Open to the public.

Food Resources

The Food Pantries for the Capital District
32 Essex St, Albany, NY 12206
518-458-1167
pantries@thefoodpantries.org

Hours of Operation
Monday - Friday: 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://thefoodpantries.org/

Description: Provides food and resources to locals and neighboring food pantries.

The Roarke Center
107 4th St, Troy, NY 12180
518-273-8351
Information@ccalbany.org

Hours of Operation
Monday & Friday : 9:00 AM - 12:00 PM, 1:00 PM - 3:00 PM
Tuesday - Thursday : 1:00 PM - 3:00 PM
Closed: Saturday & Sunday

Website:
https://parishes.rcda.org/stanthonyofpadua/RoarkeCenter.php

Description: Food Pantry, Rental & Utility Help, Re-Entry Services. Community navigators assist with eviction issues, utility shut offs, and benefits access.

Food Resources

Unity House
2431 6th Ave Suite P, Troy, NY 12180
518-274-2607

Hours of Operation
Monday - Friday: 8:30 AM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://www.unityhouseny.org/

Description: Offers crisis support, counseling, emergency food, thrift store vouchers, homelessness prevention, pregnancy support, laundry and shower, and SNAP help.

CEO
2328 5th Ave, Troy, NY 12180
518-272-6012
Info@ceoempowers.org

Hours of Operation
Monday - Friday : 9:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://www.ceoempowers.org

Description: Provides three days of emergency food very 14 days. Prefers Rensselaer County residents but accepts others.

Legal Resources

NYS Bar Association
1 Elk St, Albany, NY 12207
518-463-3200

Hours of Operation
Monday - Friday: 8:00 AM - 5:30 PM
Closed : Saturday & Sunday

Website:
https://nysba.org/membership/

Description: Legal Aid and Pro Bono Services

Albany County Bar Association
112 State St #545, Albany, NY 12207
518-445-7691

Hours of Operation
Monday - Friday : 8:30 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
https://albanycountybar.org/

Description: Legal Aid

Legal Resources

The Legal Project
204 Lafayette St Suite 2, Schenectady, NY 12305
518-435-1770 | FAX 518-435-1773

Hours of Operation
Monday - Friday: 9:00 AM - 5:00 PM
Closed : Saturday & Sunday

Website:
https://legalproject.org/

Description: Legal Aid and Pro Bono Services; Family Court Assistance

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The Legal Aid Society
95 Central Ave, Albany, NY 12206
833-628-0087

Hours of Operation
Monday - Friday : 9:00 AM - 3:00 PM
Closed: Saturday & Sunday

Website:
https://www.lasnny.org/

Description: Provides legal aid, pro bono support, family court help, and re-entry services including housing and economic assistance.

Legal Resources

Albany County Office of The Public Defender
112 State St 2nd Floor, Albany, NY 12207
518-447-7150 | FAX 518-447-5533

Hours of Operation
Monday - Friday : 8:30 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.albanycountyny.gov/departments/public-defender

Description: Provides legal aid and pro bono services.

Albany Law School Clinics
80 New Scotland Ave, Albany, NY 12208
518-445-2311

Hours of Operation
Monday - Friday : 8:30 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
https://www.albanylaw.edu/justicecenter/house-clinics

Description: Provides legal aid and pro bono services for housing, immigration, health, and family law, as well as community economic development law.

Legal Resources

The Capital District Women's Bar Association - Legal Project
Mailing: P.O. Box 3747, Albany, NY 12203
518-313-3003
administrator@cdwba.org

Hours of Operation
Monday - Friday: 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.cdwba.org/legal-project

Description: Legal aid and pro bono services

New York Lawyers Team
Multiple Locations
516-400-2300
Albany: 518-300-1400
info@nylawyersteam.com

Hours of Operation
Hours Vary by Location

Website:
https://www.nylawyersteam.com/

Description: Legal aid - free attorney consultation. May have no cost until case is won.

Legal Resources

Court Appointed Special Advocates
14 Columbia Circle Suite 206, Albany, NY 12203
518-424-1637
info@casanys.org

Hours of Operation
Monday - Friday: 9:00 AM - 5:00 PM
Closed : Saturday & Sunday

Website:
https://www.casanys.org/

Description: Provides substantive advocacy for children who are involved in abuse and neglect proceedings in family court.

The Center for Community Justice
144 Barrett St, Schnectady, NY 12305
518-346-1281 | FAX 518-346-1311

Hours of Operation
Monday - Friday: 9:00 AM - 12:00 PM, 1:00 PM - 5:00 PM
Closed : Saturday & Sunday

Website:
https://www.theccj.org/

Description: Provides legal aid, re-entry support, and court appointed special advocate services.

Clothing Resources

Capital City Rescue Mission
95 Trinity Place, Albany, NY 12202
518-462-0459

Hours of Operation
Hours Vary Daily

Website:
https://capitalcityrescuemission.org/

Description: Provides emergency shelter, meals, clothing, medical care, counseling, referrals, and a rehabilitation program for men and women.

Grassroot Givers
522 Washington Ave, Albany, NY 12203
518-599-5157
info@grassrootsgivers.org

Hours of Operation
Monday - Thursday: 9:00 AM - 2:00 PM
Closed : Friday - Sunday

Website:
https://www.grassrootgivers.org/

Description: Provides basic essentials for daily life including houseware, clothing, personal care items, and books.

Clothing Resources

Circles of Mercy (Catherine's Closet)
11 Washington St, Rensselaer, NY 12144
518-462-0899 | FAX: 518-462-2892
circlesofmercy@nycap.rr.com

Hours of Operation
Monday - Friday : 10:00 AM - 2:00 PM
Tuesday only : 10:00 AM - 3:00 PM
Closed : Saturday & Sunday

Website:
https://circlesofmercy.org/

Description: Thrift shop offering low cost adult, child, and infant clothing. Clothing grants available for clients referred by social agencies or local schools.

Unity House Re-Style
547 River St, Troy, NY 12180
518-274-2607

Hours of Operation
Monday & Friday : 9:00 AM - 2:00 PM
Tuesday - Thursday : 9:00 AM - 6:00 PM

Website:
https://www.unityhouseny.org/

Description: Provides clothing, shoes, and accessories for all ages. Anyone can shop, and those with urgent need can receive a Unity House voucher to select items for free.

Clothing Resources

St. John's Thrift Store
146 1st St #154, Troy, NY 12180
518-274-5884
stjohns@stjohnstroy.org

Hours of Operation
Open Wednesday and Saturday 9:00 AM - 12:00 PM

Website:
https://stjohnstroy.org/the_basement_on_first_street

Description: Offers a wide assortment of clothing, jewelry, and household items.

Oakwood Community Center
313 Tenth St, Troy, NY 12180
518-272-2434
info@oakwoodcommunitycenter.org

Hours of Operation
Open the second Saturday of each month
9:00 AM - 11:00 PM

Website:
https://www.oakwoodcommunitycenter.org/oakwood-free-store

Description: Provides free clothing, towels, sheets, shoes, etc.

Criminal & Civil Justice Resources

Center for Law & Justice
220 Green St, Albany, NY 12202
518-427-8361 | FAX: 518-427-8362
info@cflj.org

Hours of Operation
Monday - Friday: 10:00 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
https://www.cflj.org/

Description: Provides advocacy, education, and community resource navigation.

New York Civil Liberties Union
41 State St Suite 612, Albany, NY 12207
518-436-8594 | FAX: 518-426-9341
mtrimble@nyclu.org

Hours of Operation
Hours Vary

Website:
https://www.nyclu.org/

Description: Provides litigation, advocacy, and public education resources.

Criminal & Civil Justice Resources

TASC of the Capital District
1801 6th Ave Suite 205, Troy, NY 12180
518-465-1455 | FAX: 518-465-1842

Hours of Operation
Monday - Friday : 9:00 AM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://www.tascofthecapitaldistrict.org/

Description: Provides treatment based alternatives to incarceration to reduce recidivism and support safer communities.

Community Police Review Board (CPRB)
Mailing: 175 Central Ave, Room 516, Albany, NY 12206
518-694-7740
cprb@albanyny.gov

Hours of Operation
Monday - Friday : 8:30 AM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://www.albanyny.gov/865/Community-Police-Review-Board

Description: Police oversight agency. Investigates complaints of misconduct committed by officers of the Albany Police Department.

Criminal & Civil Justice Resources

Albany Law Enforcement Assisted Diversion (LEAD)
175 Green St, Albany, NY 12202
j.huling@ta-cr.org

Hours of Operation
Hours Vary

Website:
https://albanylead.org/

Description: Provides harm reduction case management for those who may be arrested for behaviors due to mental health, substance use, homelessness, and poverty.

The Center for Community Justice
144 Barrett St, Schnectady, NY 12305
518-346-1281 | FAX 518-346-1311

Hours of Operation
Monday - Friday : 9:00 AM - 12:00 PM, 1:00 PM - 5:00 PM
Closed : Saturday & Sunday

Website:
https://www.theccj.org/

Description: Provides legal aid, re-entry support, and court appointed special advocate services.

Criminal & Civil Justice Resources

Prisoners Legal Services
50 Beaver St, Albany, NY 12207
518-438-8046
albany-info@plsny.org

Hours of Operation
Monday - Friday : 9:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://plsny.org/

Description: Provides legal representation to people incarcerated in New York State prisons, especially in cases involving abuse, medical neglect, parole issues, and inhumane conditions

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Legal Aid Society - Prisoners Rights Project
Multiple Locations
212-577-3300

Hours of Operation
Hours vary by location

Website:
https://legalaidnyc.org/programs-projects-units/the-prisoners-rights-project/

Description: Offers legal support for individuals in NYS prisons or NYC jails who are experiencing abuse or rights violations.

Re-Entry Services

Albany County DOCCS Re-Entry Task Force
260 South Pearl St, Albany, NY 12202
518-447-2003
Malcolm.thorpe@albanycountyny.gov

Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://doccs.ny.gov/location/albany-county-re-entry-task-force

Description: Provides referrals for housing, counseling, medical care, mentoring, employment, and other support for people returning from incarceration.

Rensselaer County DOCCS Re-Entry Task Force
80 Second St, Troy, NY 12180
518-270-4002
khull@rensco.com

Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://doccs.ny.gov/location/rensselaer-county-re-entry-task-force

Description: Provides referrals for housing, counseling, medical care, mentoring, employment, and other support for people returning from incarceration.

Re-Entry Services & Social Services

Schenectady County DOCCS Re-Entry Task Force
144 Barrett St, Schenectady, NY 12305
518-346-1281

Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://doccs.ny.gov/location/schenectady-county-re-entry-task-force

Description: Provides referrals for housing, counseling, medical care, mentoring, employment, and other support for people returning from incarceration.

Albany County Department of Social Services
162 Washington Ave, Albany, NY 12210
518-447-7300 | FAX 518-447-7722

Hours of Operation
Monday - Friday : 8:30 AM - 12:00 PM, 1:00 PM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://www.albanycountyny.gov/departments/social-services

Description: Provides temporary assistance, SNAP, medical and adult services, & employment support.

Social Services

Rensselaer County Department of Social Services
1600 7th Ave, Troy, NY 12180
518-266-7800

Hours of Operation
Monday - Friday: 9:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://www.rensco.com/232/Social-Services

Description: Provides temporary assistance, SNAP, medical and adult services, & employment support.

Schenectady County Department of Social Services
797 Broadway, Schenectady, NY 12305
518-388-4470 | FAX: 518-388-4644

Hours of Operation
Monday - Friday: 8:30 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
www.schenectadycountyny.gov

Description: Provides temporary assistance, SNAP, medical and adult services, & employment support.

Social Services

Office of Children and Family Services
52 Washington St, Rensselaer, NY 12144
518-473-7793
info@ocfs.ny.gov

Hours of Operation
Monday - Friday: 8:30 AM - 12:00 PM, 1:00 PM - 4:30 PM
Closed : Saturday & Sunday

Website
https://ocfs.ny.gov/directories/regional-offices.php

Description: Oversee child welfare, foster care, childcare, juvenile justice facilities, and programs for vulnerable adults.

YWCA of Northeastern New York
44 Washington Ave, Schenectady, NY 12305
518-374-3394 | FAX: 518-374-3385
info@ywca-neny.org

Hours of Operation
Open 24 hours

Website:
https://www.ywca-neny.org/advocacy/

Description: Family Court Advocates offer support to clients affected by intimate partner violence in navigating the Family Court system.

Social Services

HEARS Hotline
1-888-554-3277

Hours of Operation
Monday - Friday : 8:30 AM - 8:00 PM
Closed : Saturday & Sunday

Website
https://ofcs.ny.gov/program/cwcs/hears.php

Description: Assists parents and families by providing resources and referrals to a variety of services.

Brightside Up
91 Broadway, Menands, NY 12204
518-426-7181

Hours of Operation
Monday - Friday : 9:00 AM - 5:00 PM
Closed: Saturday & Sunday

Website:
https://www.brightsideup.org

Description: Provides resources for child care, child and adult food programs, and child care health consultants

Social Services

211 Hotline
211

Hours of Operation
Open 24 Hours

Website
https://www.211.org/

Description:Provides information about local resources and services in the country.

Public Utility Law Project
194 Washington Ave Suite 320, Albany, NY 12210
877-669-2572
info@utilityproject.org

Hours of Operation
Monday - Friday : 8:30 AM - 6:00 PM
Closed: Saturday & Sunday

Website:
https://www.utilityproject.org

Description: Advocates for affordable, universal access to utility services — like electricity, gas, water, telephone, and broadband — for low-income and rural New Yorkers.

Social Services

Albany County Social Security Administration
11A Clinton Ave #430, Albany, NY 12207
1-866-253-9183

Hours of Operation
Monday - Friday: 9:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://www.ssa.gov/

Description: Provides income support, disability assistance, and survivor benefits.

Schenectady County Social Security Administration
1 Broadway Center 8th Floor, Schenectady, NY 12305
1-866-964-1296

Hours of Operation
Monday - Friday : 9:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.ssa.gov/

Description: Provides income support, disability assistance, and survivor benefits.

Social & Medical Services

Rensselaer County Social Security Administration
120 Hoosick St Suite 12A-1, Troy, NY 12180
1-866-770-2662
Hours of Operation
Monday - Friday : 8:00 AM - 4:00 PM
Closed : Saturday & Sunday

Website:
https://www.ssa.gov/

Description: Provides income support, disability assistance, and survivor benefits.

Albany County Department of Health
175 Green St, Albany, NY 12202
518-447-4580 | FAX 618-447-4698

Hours of Operation
Monday - Friday : 8:30 AM - 4:30 PM
Closed : Saturday & Sunday

Website:
https://www.albanycountyny.gov/departments/health

Description: Provides immunizations, vaccines, health education, health programs, and testing.

Medical Services

Rensselaer County Department of Health
1600 7th Ave 5th Floor, Troy, NY 12180
518-270-2655 | FAX: 518-270-2638

Hours of Operation
Monday - Friday: 9:00 AM - 4:00 PM
Closed: Saturday & Sunday

Website:
https://www.rensco.com/241/Public-Health

Description: Provides immunizations, vaccines, health education, health programs, and testing.

Healthy Capital District
175 Central Ave, Albany, NY 12206
518-462-7040

Hours of Operation
Monday - Friday: 8:00 AM - 4:30 PM
Closed: Saturday & Sunday

Website:
https://www.healthycapitaldistrict.org/

Description: Provides health insurance assistance, physician directories, and helps to identify support services.

Medical Services

Hometown Health Centers
1044 State St, Schenectady, NY 12307
518-370-1441

Hours of Operation
Monday - Friday : Hours Vary
Closed : Saturday & Sunday

Website:
https://hometownhealthcenters.org/

Description: Provides comprehensive medical, dental, and social work services for indigent people.

Whitney Young Health
920 Lark Drive, Albany, NY 12207
518-465-4771

Hours of Operation
Monday - Friday : Hours Vary
Closed : Saturday & Sunday

Website:
https://www.wmyhealth.org/

Description: Provides consistent quality healthcare without regard to income.

Advocacy Organizations

Release Aging People in Prison
135 West 20th St, New York, NY 10011
650-814-0565
nyrappcampaign123@gmail.com

Hours of Operation
Hours Vary

Website
https://rappcampaign.com

Description: Led by formerly incarcerated people and family members of people in prison, RAPP works to end mass incarceration and promote racial justice through the release of aging people in prison and those serving long sentences

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Campaign for Alternatives to Isolated Confinement
info@nycaic.org

Hours of Operation
Hours Vary

Website
https://www.nycaic.org/

Description: Works to end solitary confinement and improve prison conditions across the state.

Advocacy Organizations

Correctional Association of New York
Mailing: P.O Box 793 Brooklyn, NY 11207
212-254-5700
info@correctionalassociation.org

Hours of Operation
Monday-Friday : 9:00 AM - 5:00 PM
Closed : Saturday & Sunday

Website
https://www.correctionalassociation.org/

Description: An independent organization authorized to monitor prisons in New York. They gather data, publish reports, and advocate for reforms.

Parole Preparations Project
135 West 20th St Suite 302, New York, NY 10011
347-620-5906
info@paroleprepny.org

Hours of Operation
Hours Vary

Website
https://www.paroleprepny.org/

Description: Supports people serving long sentences in preparing for parole and advocates for humane conditions. Also provides litigation services for parole denials and other incarceration-related cases.

Support Services

Brooklyn Defender Services | Family Defense Practice
117 Livingston St 7th Floor Brooklyn, NY 11201
718-254-0700 I FAX 347-457-5194
info@bds.org

Hours of Operation
Monday - Friday : 9:00 AM - 5:00 PM
Closed : Saturday & Sunday

Website
https://www.bds.org

Description: Provides legal and advocacy support for families affected by incarceration, especially in the NYC area.

Hour Children
40-09 21st St, 4th Floor, Long Island City, NY 11101
718-433-4724
communications@hourchildren.org

Hours of Operation
Monday - Friday: 9:00 AM - 5:00 PM
Closed: Saturday & Sunday

Website
https://www.hourchildren.org

Description: Supports incarcerated mothers and their families with services such as visitation, parenting support, and reentry help.

Support Services

Families and Friends of the Wrongfully Convicted
634 Classon Ave, Brooklyn, NY 11238
718-675-4884
FFWconvictions@gmail.com

Hours of Operation
Hours Vary

Website
https://www.wrongfullyconvicted.info/

Description: Supports families with incarcerated loved ones who may have been wrongfully convicted or mistreated while incarcerated.

Capital Region Furniture Bank
138 Central Ave, Albany, NY 12206
518-463-2124
Info@hatas.org

Hours of Operation
Monday - Thursday : 9:00 AM - 4:00 PM
Closed : Friday - Sunday

Website
https://www.hatas.org/capital-region-furniture-bank

Description: Accepts donations of furniture from community members who are downsizing and offers these goods to individuals and families transitioning from homeless shelters to permanent housing.

Incarceration Oversight & Complaint Reporting

New York State Commission of Corrections
80 South Swan St, 12th Floor, Albany, NY 12210
518-485-2346

Hours of Operation
Monday - Friday : 9:00 AM - 4:40 PM
Closed : Saturday & Sunday

Website
https://www.scoc.ny.gov/

Description: Responsible for monitoring the conditions and operations of prisons and jails in New York. You can file a formal complaint about abuse, unsafe living conditions, or staff misconduct

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Offices of the Inspector General
Empire State Plaza Agency, Building 2 16th Floor Albany, NY 12223
518-474-1010 | HOTLINE 1-800-367-4448

Hours of Operation
Hours vary

Website
https://www.ig.ny.gov

Description: Investigates abuse, neglect, and misconduct within state agencies, including the Department of Corrections and Community Supervision (DOCCS).

Immigrant Resources

Refugee and Immigrant Support Services of Emmaus
240 W Lawrence St, Albany, NY 12208
(518) 621-1041
info@risse-albany.org

Hours of Operation
Monday - Friday : 10:00 AM - 4:00 PM

Website
https://www.risse-albany.org/

Description: Supports refugees and immigrants through language classes, immigration & employment assistance, youth programming, and case management.

US Committee for Refugees and Immigrants
155 Washington Ave, Albany, NY 12210
518-459-1790 | FAX 518-282-6117
albany@refugees.org

Hours of Operation
Monday - Friday : 9:00 AM - 4:30 PM

Website
https://refugees.org/uscri-albany/

Description: Legal, health, mental health, employment, housing, interpreting, and social services for refugees and immigrants.

Immigrant Resources

The Refugee Welcome Center
104 Ontario St, Albany, NY 12206
(518) 937-6253
coordinatorrwc@gmail.com

Hours of Operation
Hours Vary

Website
https://www.rwcwesthill.com/

Description: Supports refugees and immigrants with support services, safe housing, and skill-building.

NY State Office of New Americans
HOTLINE 1-800-566-7636

Hours of Operation
Hotline operates Monday - Friday : 8:00 AM - 8:00 PM
Saturday & Sunday : 9:00 AM - 5:00 PM

Website
https://dos.ny.gov/office-new-americans

Description: Provides legal support, English language classes, mental health support, job training/resources, and citizenship process navigation.

Staff Contacts

Executive Director
Ta-Sean Murdock

Deputy Director
Dr. Andrea Miranda-Pestana

Advocacy Center Coordinator
Kasey Bissonette

Contact:
518-427-8361
info@cflj.org


IF THERE'S NO STRUGGLE · THERE'S NO PROGRESS ·
· FREDERICK DOUGLASS ·
Center for
Law and Justice